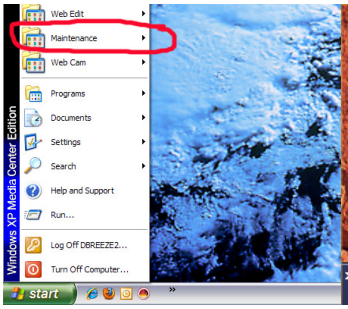
Weekly Computer Maintenance Routine:

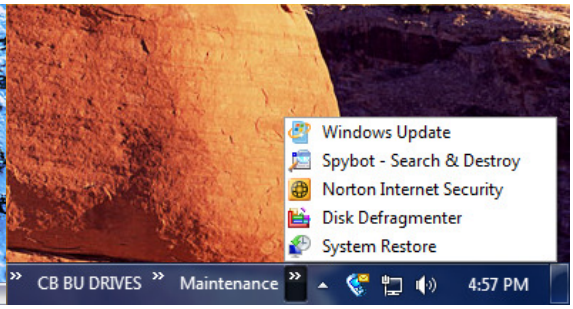
(For customers that had us originally set up or reformat their computer)

First open your Maintenance folder:

Windows XP

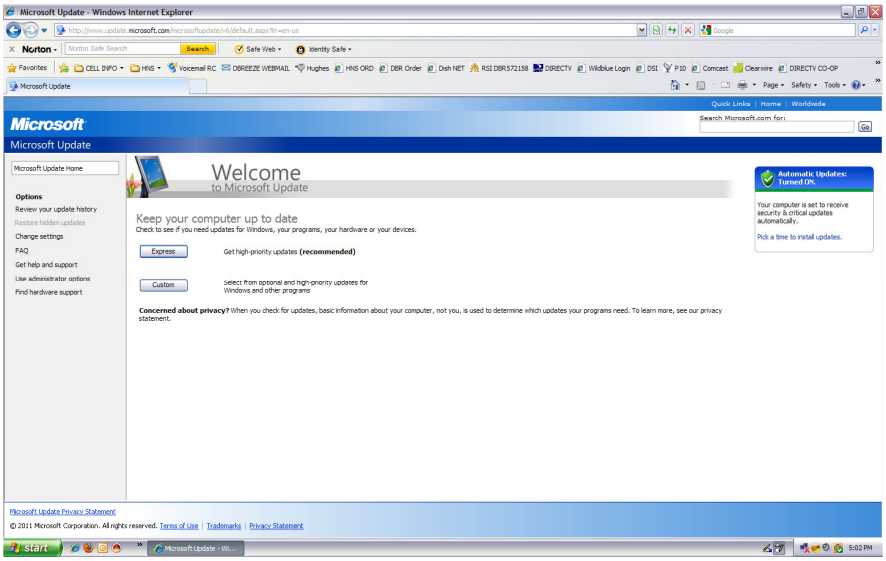


Windows 7



First click on the "Windows Update" Button.

You should get to this screen after a minute or so.



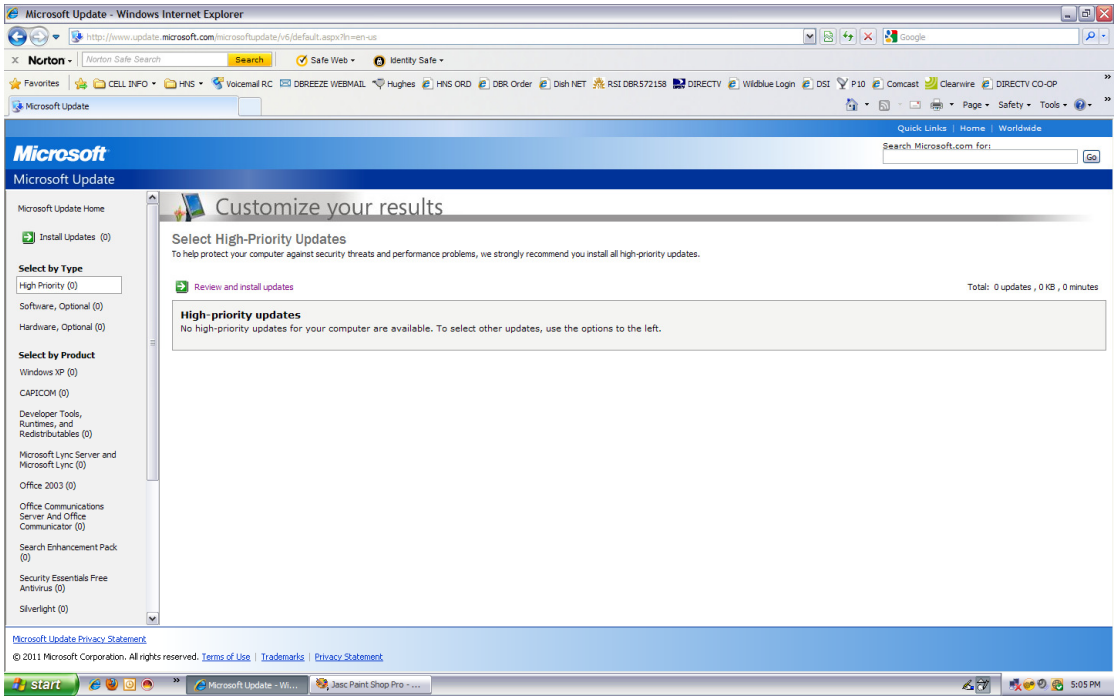
Click on the "Custom" button.

After a couple of minutes the page should go the next illustration. Go through all of the categories on the left hand side and check to make sure that all that apply are selected.

Then click on "Review and install updates" and follow all of the prompts to install each update. This process can take anywhere from a couple of minutes to a couple of hours.

Repeat this step until your screen shows like the one below with no available updates.

After this process is done close you browser and move onto the next item in the "Maintenance Folder" → "Spybot Search and Destroy"

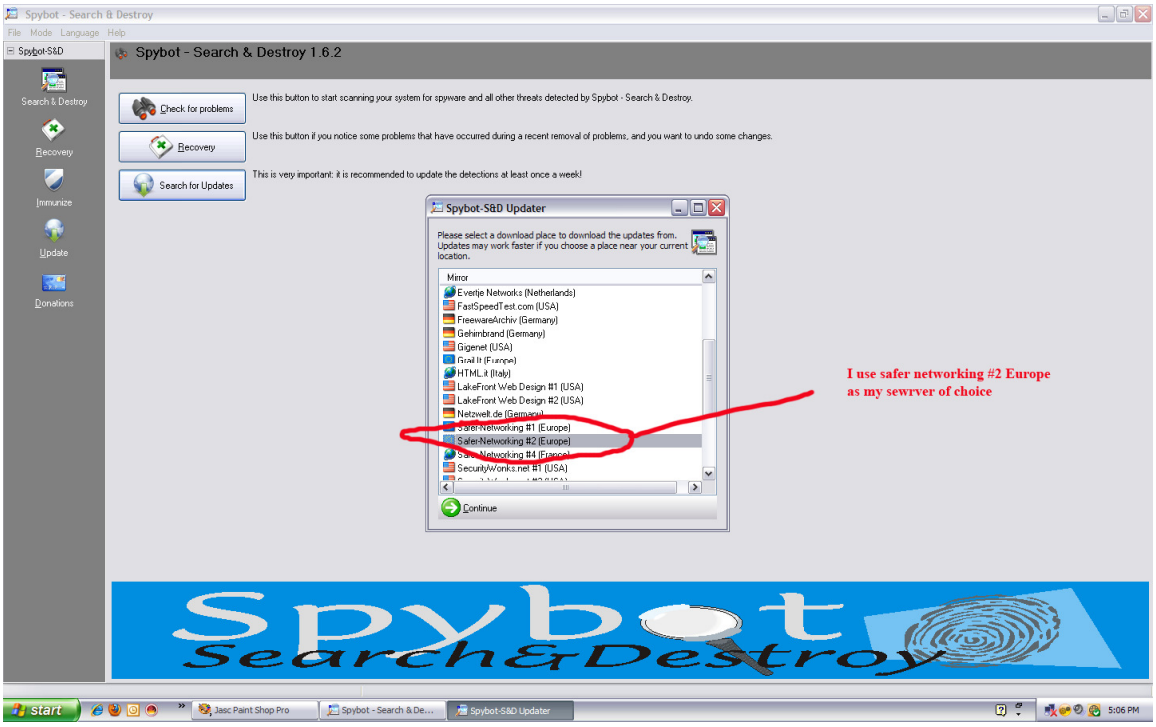


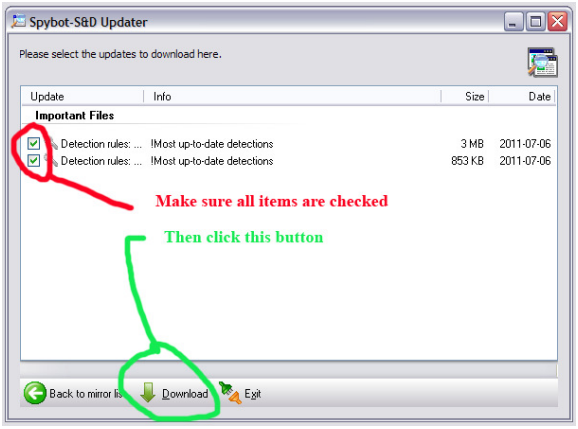
Once Spybot loads you should get to the main program screen:

First Click on the “Update” button. If there are any updates you will see the next screen. (If there are no updates it will tell you so.)

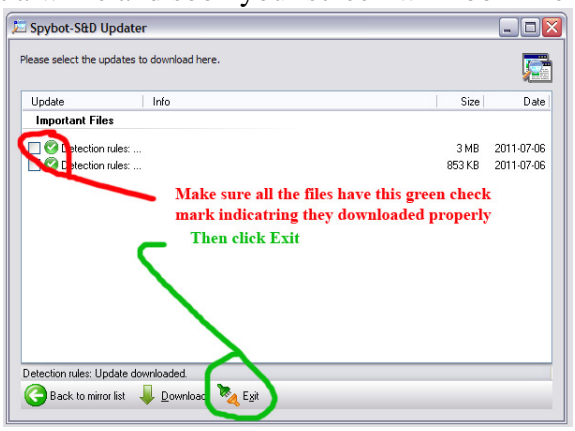
If there are updates, the following box will pop up. I usually use the “Safer Networking #2 Europe” server.

After you have selected it click on the “Continue” Button.



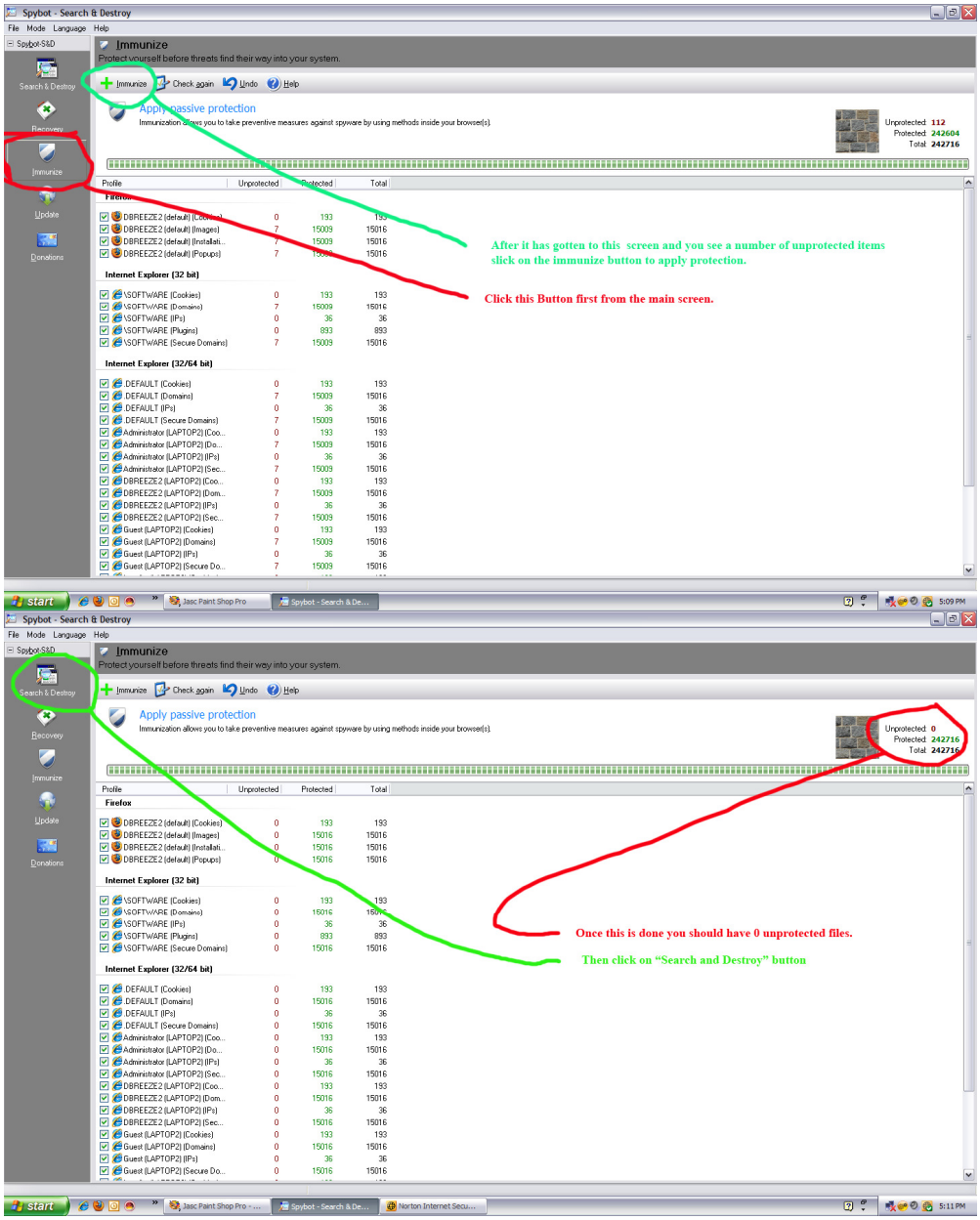


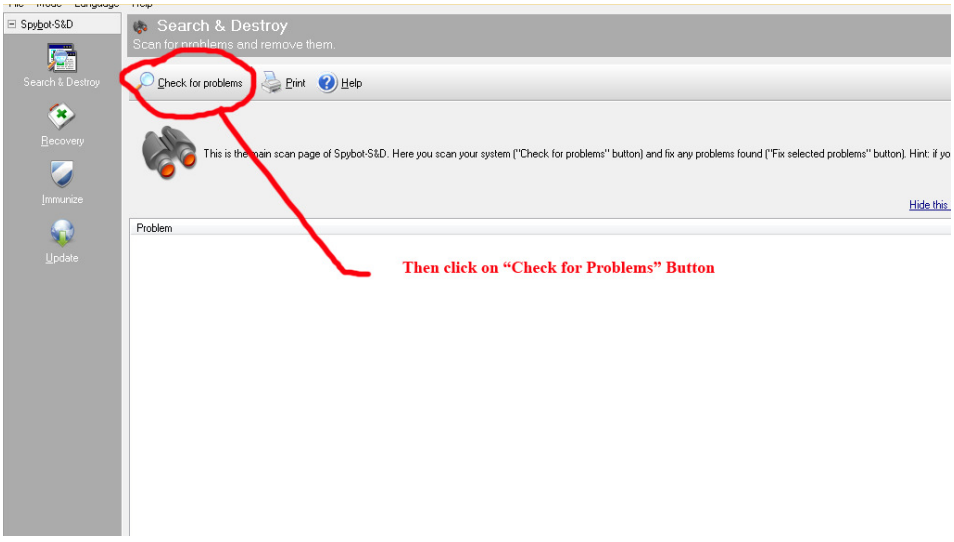
Wait a while and soon your screen will look like this:

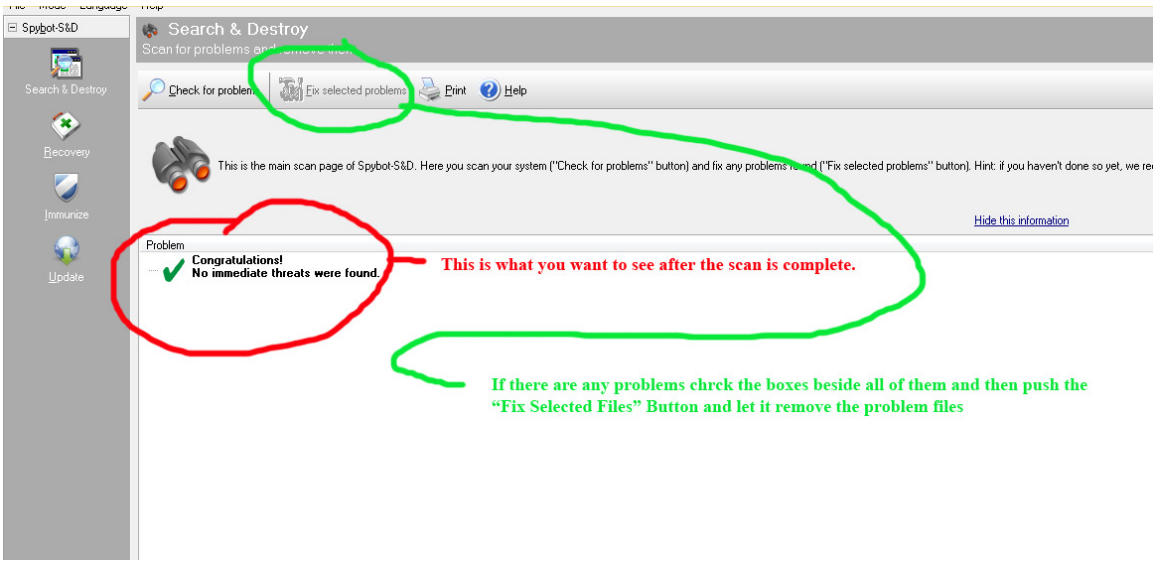


Now when you get back to the main Spybot window first click on “Immunize”

After it has scanned for unprotected files click on the upper “Immunize” button.

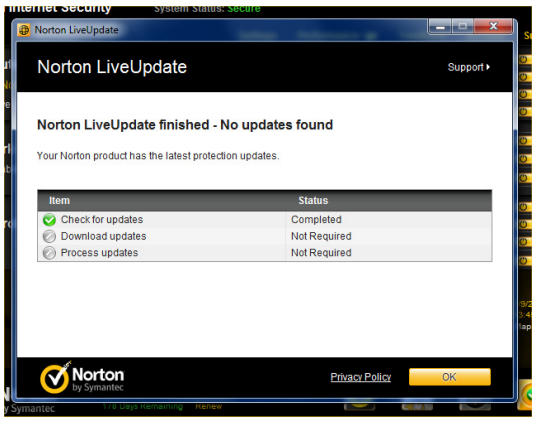

Spybot - Search & Destroy
Immunize
Protect yourself before threats find their way into your system.
Apply passive protection
Unprotected: 112
Protected: 242604
Total: 242716
After it has gotten to this screen and you see a number of unprotected items click on the immunize button to apply protection.
Click this Button first from the main screen.
Unprotected: 0
Protected: 242716
Total: 242716
Once this is done you should have 0 unprotected files.
Then click on "Search and Destroy" button


Spybot-S&D
Search & Destroy
Scan for problems and remove them.
Check for problems
Print
Help
Problem
Then click on "Check for Problems" Button

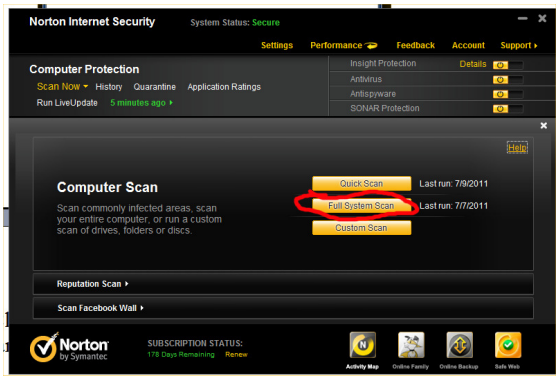


Now that you are done with Spybot Search and Destroy go back to the Maintenance folder and select "Norton Internet Security"

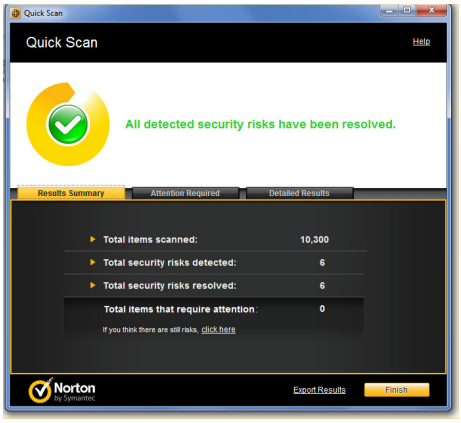
Click on the "Run Live Update" Button. Keep on running Live Update repeatedly until you see the following screen below. It is not uncommon for the computer to need restarting after some of the updates.



After it is updated Click on the “Scan Now” Button and select “Full System Scan” Button and wait for it to scan and remove any threats.

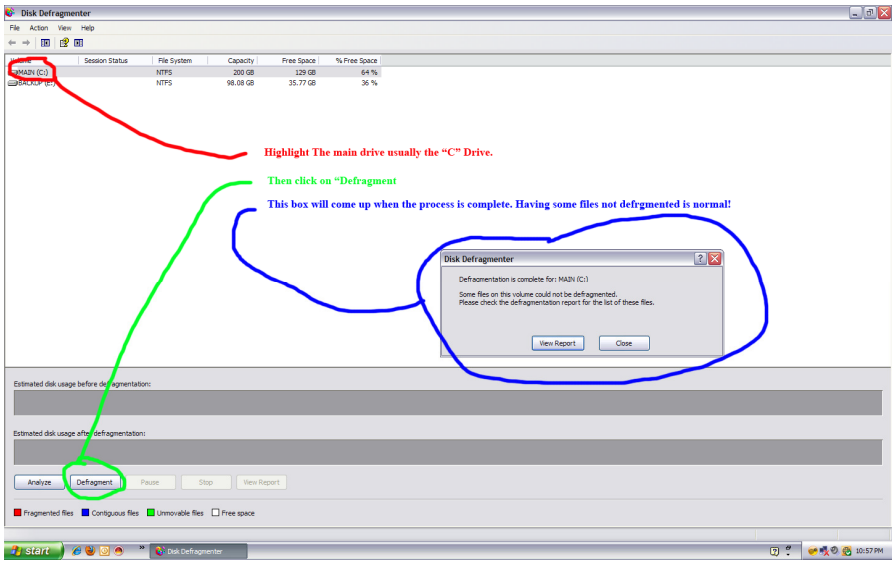


This screen is what you want to see when the scan is complete.

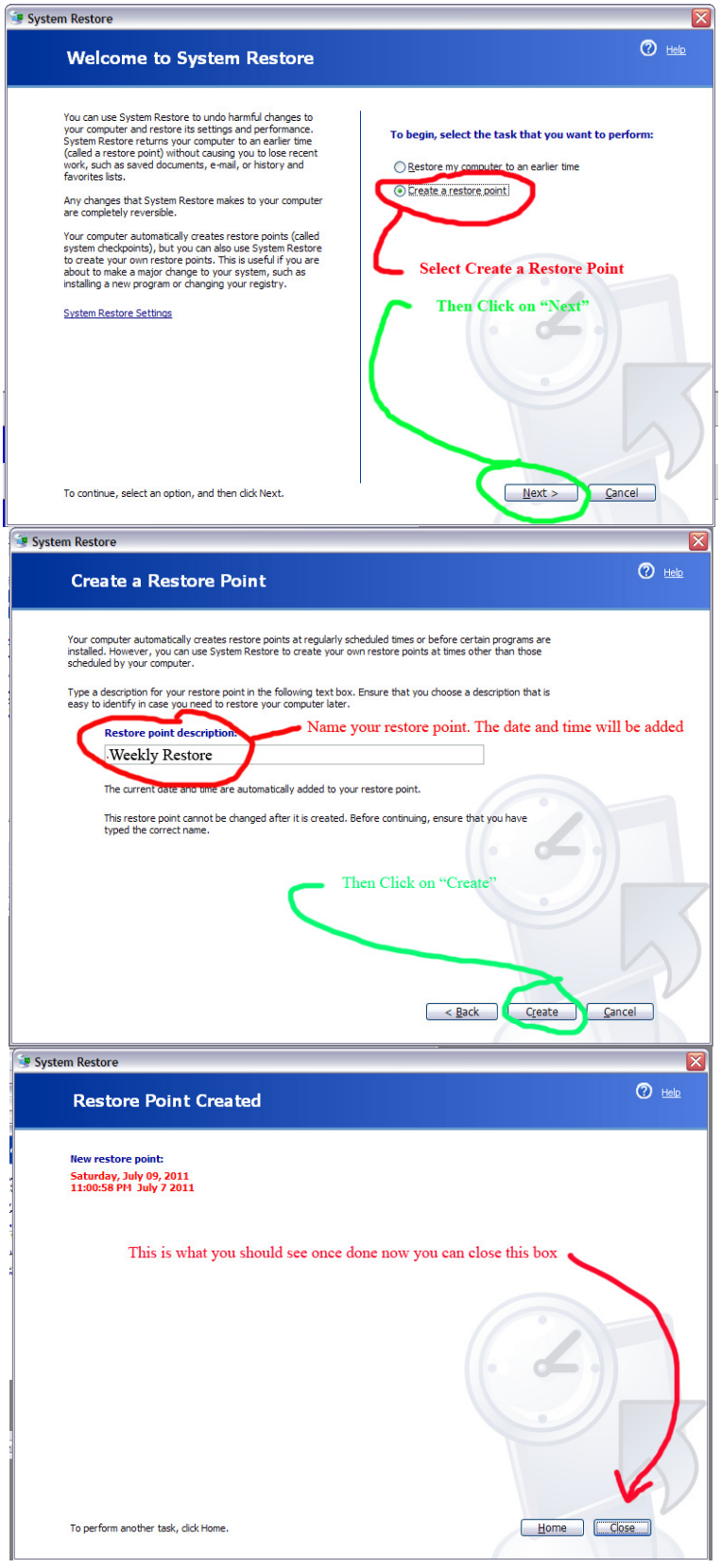


Next go back to the “Maintenance Folder” and click on “Disc Defragmenter” Highlight the main (Usually “C” Drive) and click on the “Defragment Button”

This process can take from 10 minutes to a few hours if it has not been done in a while.



Now on to the last Item in the “Maintenance Folder” Select “System Restore”



And that is it. If you do this once a week you can keep your computer up to date. It does not mean you are completely protected and you should always practice Safe Surfing and Safe Email Practices.

If your computer is running Windows 7 then system restore points are automatically done. Windows 7 Windows update is similar but less complex. If it says there are files to update, select all of them and follow the prompts and let do its thing.

If your computer gets infected by a virus that these utilities cannot get rid of than it is time to back up your important files and contact your computer repair person. DBREEZE DIRECT can help if you don't already have a repair person.

DBREEZE DIRECT, Inc.
(209) 524-2225
sales@dbreeze.com

On-Site repair rates are $100 for the 1st hour and $75 for each additional hour.

Off-Site repair rates are $40/hr if the repair is done in our office. In-Office repairs are normally done on office paperwork days.

Over the phone repair rates are on a case by case basis.

Also remember DBREEZE DIRECT, Inc. sells, installs, and services many products:

For TV we sell: DirecTV, Dish Network, and Charter Cable.

For Internet/Phone we sell: Hughesnet, WildBlue, Charter, Comcast (Business Class), Sprint, and Ring Central.

We do home theatre design, installation, and repair: telephone system design, installation, and repair: Computer Networking, design, installation, and repair: Webpage design and hosting (small business) and have referral partners for larger business websites.